

## Coaching Seminar HUN 2016

### „The role of group activity in team work”

Date	Venue	Starting time	Finishing time	Event	Presenter	Topic
June 10, 2016	<b>Hotel Marina</b>	<b>07:30</b>	<b>09:30</b>	<b>Registration</b>	Imola Hikáde	
June 10, 2016	Balatonfüred, Sports Hall	10:00	11:00	Practical	Marko Sibila (EHF)	Building up an open zone defence with group exercises
June 10, 2016	Balatonfüred, Sports Hall	11:00	12:00	Practical	István Csoknyai Zsolt Pozsonyi	Cooperation of half defenders in a closed zone defence
June 10, 2016	Balatonfüred, Sports Hall	12:00	13:00	Practical	R-med Academy	Injury prevention and core stability exercises at handball training
June 10, 2016	<b>Balatonfüred, Hotel Marina</b>	<b>13:00</b>	<b>14:30</b>	<b>Lunch</b>		
June 10, 2016	Balatonfüred, Sports Hall	14:30	15:30	Practical	Marko Sibila (EHF)	Exercises to further develop group cooperation in attack against closed (6:0) zone defence
June 10, 2016	Balatonfüred, Sports Hall	15:30	16:30	Practical	Gyula Zsiga	Preparatory exercises to develop the right attitude in defence
June 10, 2016	Balatonfüred, Sports Hall	16:30	17:30	Practical	István Bakos	Possible cooperation between goalkeeper and defender when goalshooting
June 10, 2016	Balatonfüred, Sports Hall	18:00	19:30	Match observation		SRB-HUN WCh Qualifier on screen

Date	Venue	Starting time	Finishing time	Event	Presenter	Topic
June 11, 2016	Balatonfüred, Sports Hall	09:00	10:00	Practical	N.H.A.	Exercises for developing group activity (National Handball Academy, woman-section)
June 11, 2016	Balatonfüred, Sports Hall	10:00	11:00	Practical	N.H.A.	Exercises for developing group activity (National Handball Academy, man-section)
June 11, 2016	Balatonfüred, Sports Hall	11:00	12:00	Practical	Marko Sibila (EHF)	Fast execution of throw-off after goal is scored - individual, group and team collaboration
June 11, 2016	<b>Balatonfüred, Hotel Marina</b>	<b>12:30</b>	<b>13:30</b>	<b>Lunch</b>		
June 11, 2016	Balatonfüred, Sports Hall	14:00	15:00	Practical	Marko Sibila (EHF)	Possible cooperation of 2, 3, 4 players when playing against an open defence
June 11, 2016	Balatonfüred, Sports Hall	15:00	16:00	Practical	Csaba Konkoly	The pivot's role in creating a favorable situation for scoring against 6:0 defence
June 11, 2016	Balatonfüred, Sports Hall	16:00	17:00	Practical	B.H. Committee	Possibilities to adopt beach handball exercises into indoor handball training
June 11, 2016	Balatonfüred, Beach	17:30	18:30	Practical	B.H. Committee	Training and match exhibition on the beach

Date	Venue	Starting time	Finishing time	Event	Presenter	Topic
June 12, 2016	Balatonfüred, Lecture room	09:00	10:00	Theory	Péter Kovács	Analysis of the M EURO 2016, Poland
June 12, 2016	Balatonfüred, Lecture room	10:00	11:00	Theory	Károly Kiss	The importance of diet and nutrition at high performance teams
June 12, 2016	Balatonfüred, Lecture room	11:30	12:30	Theory	János Györfi	Strategic directions of Hungarian Handball
June 12, 2016	Balatonfüred, Lecture room	12:30	13:30	Theory	Kálmán Soós, Dr.	Refereeing - the application of the new playing rules
June 12, 2016	Balatonfüred, Sports Hall	<b>13:45</b>	<b>14:30</b>	<b>Presentation of Licence</b>	Imola Hikáde	
June 12, 2016	<b>Balatonfüred, Hotel Marina</b>	<b>14:00</b>	<b>15:00</b>	<b>Lunch</b>		